

JULY 2013

2525 MARINA BAY DR WEST - FT LAUDERDALE, FL 33312 - (866) 986-6361

Marina Resort and Luxury Apartment Rentals

THOF JULY!

PLEASE MAKE SURE TO BE SAFE THIS 4TH - NO FIREWORKS AROUND THE MARINA PLEASE, BOATS ARE EASY TO DAMAGE

On July 4, 1776, the Declaration of Independence was approved by the Continental Congress, setting the 13 colonies on the road to freedom as a sovereign nation. As always, this most American of holidays will be marked by parades, fireworks and backyard barbecues across the country. DID YOU KNOW? In July 1776, the estimated number of people living in the newly independent nation was 2.5 million. The nation's estimated population on this July 4 is 316.2 million.

FORT LAUDERDALE FOURTH OF JULY SPECTACULAR, JULY 04, 2013, 1-9PM

On Fort Lauderdale Beach at A1A and Las Olas Boulevard. From 1-9pm enjoy music, beach games, contests and to top it all off, a firework show at 9pm. For more info, call the City of Fort Lauderdale events hotline at (954) 828-5363.



MARINA AT MARINA BAY BRUNCH "ON US"

Miss Mary, Marina at Marina Bays' Brunch Social Director.



Join us July 6th for Fourth of July weekend Saturday Brunch.

Last month Chef Dennese made her scrumptious cheesy grits, and shrimp along with ham and potatoes, roasted chicken wings and pasta. To top it all off we had fresh strawberry shortcake and of course many other sweets to choose from. The weather was great so many enjoyed the feast outdoors around the pool.

CALL US FOR YOUR COMPLIMENTARY BUFFET "ON US" 1-866-986-6361. EMAIL CHEF DENNESE AT CHEFDENNESE@HOTMAIL.COM FOR THE RECIPES...

Fishing off Ft. Lauderdale

FORT LAUDERDALE SNAPPER SPAWN

Posted on June 21, 2013 by Captain Andy, mangrove snapper These girls caught a nice mangrove snapper in Ft Lauderdale Snappers are snapping fishing the reefs of Ft Lauderdale. June is an excellent month for snapper fishing in Ft Lauderdale. This week, we're coming up onto the

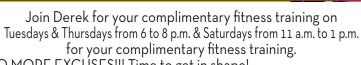
full moon. Every year, the few nights surrounding the June full moon is the snapper spawn. This is when snappers congregate and undergo their spawning habits. When this is going on, the bite is fierce. The fish throw caution to the wind and bite everything you throw at them.

NICE MUTTON SNAPPER CAUGHT FISHING ON THE CATCH MY DRIFT

Mutton snappers are the main spawning snapper of June. The gather in 40-100ft of water, in the sandy areas outside and inside the reef. These few nights, the mutton snappers bite better than the entire rest of the year. Mainly they will weigh 4-10 pounds, but a few will get into the teens

and could even reach 20. Ballyhoo plugs, whole sardines, cigar minnows, and strip baits work very well for muttons. Live pinfish, although a favorite of mine for fishing the keys, doesn't work as well as other baits for Ft Lauderdale muttons.





NO MORE EXCUSES!!! Time to get in shape!

Marina Bays' personal Trainer "On Us", See you in the gym!

Tips to stabilize/prevent high cholesterol:

Fitness, "On Us

- · Maintaining a healthy weight is a great place to start. The good news is that the diet and exercise recommendations for improving cholesterol levels can also help you lose weight.
- Eat a balanced, healthy diet that's low in fat, sodium and cholesterol. Include plenty of fresh fruits, vegetables and whole grains, because a high-fiber diet can lower cholesterol.
- Get at least 30 minutes of physical activity several days a week.
- · Quitting smoking can lower cholesterol levels, too.

Marina Bay Marina Fitness Director,



25 POUND GAG GROUPER CAUGHT BOTTOM FISHING IN FT LAUDERDALE

Mangrove snappers also bite exceptionally well in June during the mutton spawn. The full moon in general is a good time for mangroves, but there must be something in water in June because the snapper go crazy! 3-5 pound mangroves have been biting during the afternoon trips and on the night trips the past few days. We should have some excellent snapper fishing on our night anchor trips for the next week during the June full moon. Good luck fishing everyone, I'll sea ya on the water.



TIGHT LINES, CAPT. ANDY ROYDHOUSE, 754-214-7863, FISHHEADQUARTERS.COM

Ask about Our New Boat for our Marina Bay Fishing Team!

NEW RESIDENT ACTIVITY DIRECTOR-

Kenneth Fullwood WE ARE BRINGING TO OUR RESIDENTS AND BOATERS A FULFILLED ACTIVITY PROGRAM, ANY SUGGESTIONS CALL Frenneth (954) 868-0975



"Suggestions may be dropped off at the "We Care Office or Dock-master office"



Smell the Fresh Popped Popcorn All Day! Sports Theater and Movie Listings



CONGRATULATIONS TO THE MIAMI HEAT FOR AN AWESOME CHAMPIONSHIP WIN!

The fireworks are coming but in the sports world we have definitely entered the "dog days of summer." The NBA Playoffs have culminated, NHL Hockey is over and we are month away from the start of Miami Dolphin and Miami Hurricane Football. Looking to pass the time this month and avoid the hot weather? There is no better way than to watch the Miami Marlins on a big screen. The Marlin management has been highly criticized, and with good reason. However, the fact remains that they have a group of young players who are here to compete and make a name for themselves. Despite the last place record there

have been signs as they have been

playing .500 ball as of late.

MARINA BAY MARINA SPORTS **THEATER**

July MLB ALL Star Game 07/16 @ Citi Field July Marlins Schedule 7/1 Padres 7:10 7/2-4 @ Braves 7:10 7/5-7 @ Cardinals 7:10 7/8-10 Braves 7:10 6/14-16 Cardinals 7:10 7/16 All-Star Game TBD 7/19-21 @ Brewers 8:40 6/22-25 @ Rockies 8:40 6/26-28 Pirates 7:10 7/29-31 Mets 7:10

If the Sports don't interest you, there are also many movies to watch in our Marina at Marina Bay movie theater.

"Movie theater has rocking chair seats". "You can watch 5 games at one time during the play offs"

larina at Marina Bay Movie Listin,

7/1 Mall Cop 7/2 Analyze That (Billy Crystal) 7/3 Bird On a Wire (Mel Gibson) 7/4 OFFICE IS CLOSED 7/5 Catch Me if You Can (Leo) 7/6 Fantastic 4 7/7 Sports Theater 7/8 Crazy Hear 7/9 Four Christmases (V. Vaughn) 7/10 Australia (Nicole Kidman) 7/11 Fantastic 4 (Loan Gruffudd) 7/12 Freddy Got Fingered (Green) 7/13 Runaway Bride (Roberts) 7/14 Sports Theater 7/15 Twister 7/16 Simply Irresistible (Gellar)
7/17 Date Night
7/18 The Hangover (B. Cooper)
7/19 Liar-Liar (Jim Carrey)
7/20 Milk (Sean Penn) 7/21 Sports Theater 7/22 Driven 7/23 The Informant (Matt Damon) 7/24 Pirates of the Caribbean 7/25 New in Town (R. Zellweger) 7/26 Minority Report (Tom Cruise) 7/27 Gran Torino (C. Eastwood) 7/28 Sports Theater 7/29 Old Dogs 7/30 Avatar (Sigourney Weaver) 7/31 Tomb Raider (Angelina Jolie)



Massage Therapy... Get Pampered Call Lisa Marina at Marina Bay's massage therapist - 754-245-2479

Sun by the Pool, Hang out in the Jacuzzi, Sauna, Make an appointment for a massage at the Marina at Marina Bay Resort. Our massage therapist is right on the premises. What a way to relax and get rid of any stress. Lisa Cubellis is a wonderful massage therapist for our residents and boaters here at Marina at Marina Bay. Enjoy a Swedish, Deep Tissue

or Sports related therapy in a relaxing room inside our 10,000 square foot club house. \mathscr{L} is α , Marina at Marina Bay's massage therapist, at 754-245-2479



Events around Ft. Lauderdale

THE MARINA AT MARINA BAY IS SO CLOSE TO SO MANY GREAT PLACES, THAT'S WHAT MAKES US A PRIME PLACE TO STAY ...

The Famous Ft Lauderdale Beach where the Elbo Room still stands, used to shoot many scenes in the movie "Where the Boys Are". Walk along Las Olas Blvd. and enjoy fine shopping and dinning along with great outdoor and indoor dining and lots of music. Minutes from the Hard Rock Casino, win big and enjoy lots of entertainment and events weekly. The Galleria Shopping Mall is a must see with famous brand stores and fine dining. Go out on a deep sea charter or cruise up the intercoastal and see mansions of the rich and famous. Walk the board walk or rent bikes at Hollywood Beach and enjoy many shops and places to eat in downtown Hollywood.

FLIGHT OF THE BUTTERFLIES 3D FEBRUARY 08, 2013 - SEPTEMBER 30, 2013

MUSEUM OF DISCOVERY & SCIENCE & AUTONATION IMAX

401 SW 2 St, FORT LAUDERDALE, FL 33312 954-713-0930

It's a natural history epic. It's a compelling detective story. It's a scientific adventure at its best. It took Dr. Fred Urquhart almost 40 years to discover the monarch butterflies' secret hideaway and prove the most incredible migration on Earth. Following the year-long annual migration cycle of the butterflies, the award-winning production team filmed hundreds of millions of monarchs in their remote wintering sanctuaries in Mexico in 2011 and again in 2012 and also along their migratory routes from Canada, across the U.S. and into Mexico. The IMAX 3D technology immerses you in the astounding migration experience as two generations of the butterflies migrate north and then a Super Generation miraculously finds its way from Canada to a few isolated mountaintops in Mexico - to a place it has never been! Locally sponsored in part by Victoria Kirby

BANK OF AMERICA STARLIGHT MUSICALS CONCERT SERIES -JUNE 14, 2013 - AUGUST 02, 2013

7-10PM HOLIDAY PARK, FORT LAUDERDALE, FL 954-828-5363 ADMISSION: FREE PARKING

Free outdoor concert series which celebrates its 30th Anniversary is presented by the City of Fort Lauderdale. Bring lawn chairs, picnic baskets, family and friends to the park for live entertainment under the stars.

FEATURING: July 5: Valerie Tyson Band. July 12: Shadow Creek. July 19: Brass Evolution. July 26: Jimmy Stowe & The Stowaways. August 2: The Weedline.



1-866-986-6361

Luxury Rental Apartments

Live it! Love it!

Luxury Apartments and Villas on the water and Marina...

Where living and yachting is a year round vacation!

Wireless Internet Cafe "On Us" Barnies Coffee House "On Us" - Theater with fresh popcorn "On Us"
Minutes to Airport, Beaches and Shopping - Gated Resort
"On Us" Nautilus Gym & Trainers -Tennis - Racquetball - Pool Table Massage Therapist - Jacuzzi - Pool - Sauna





HOURTH OF JULY WEEKEND WE ARE ROCKING AT MARINA AT MARINA BAY

MAKE YOUR RESERVATIONS NOW.

(Rendezvous with us this weekend and join in the

We have some great appetizers to get the party started. Try our Smoked Fish dip or Our Maryland Crab cakes, Original Camis Shrimp Pasta, Bacon or Wrapped Scallops...they are all so delicious! Check out some of our famous Marina Bay Special dinner choices. Remember Wednesdays our BBQ nights,

Ricks own private BBQ Sauce recipe for over 35 years. Dine inside or outside overlooking our Mega Yacht Marina.

Enjoy great food and music here at the FAMOUS MARINA BAY WATERFRONT RESTAURANT ... Bring the gang, come by boat.

Live music and dancing on the weekends!

Happy Hour Monday - Friday from 12-7pm

Open Monday - Saturday 11:30am - 11pm Sunday 11:30am - 10 pm

2525 Marina Bay Drive West * Fort Lauderdale, FL 33312 954.797.0054 * www.TheRendezvousBarAndGrill.com

DURING A HURRICANE FIND A SAFE HARBOR

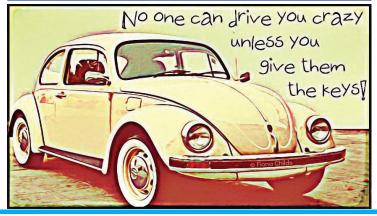


Lessons learned from recent

hurricanes can help boaters in Southeast Florida protect their boats against the ravages of these devastating storms.

One thing we've learned from hurricane storms is that the central and southeast coast offers much greater protection than other areas of the state such as the west coast and panhandle. Another is that good preparation and choosing the right location for storm shelter can substantially reduce storm damage. In addition, fully half of all those boats that were severely damaged or destroyed were the result of owners who took inadequate, or no protective measures at all. Those boats that suffered the least damage were not just lucky; they had owners who were most knowledgeable about hurricanes and made the best preparations. Overall boat loss and damage could easily be reduced by as much as 50% if boat owners were better educated about how to protect their boats.





Be Safe, Don't Boat under the influence.

Operation Dry Water 2013 is a coordinated effort between several agencies, both local and nationwide, working together to reduce the number of accidents and fatalities related to BUI, according to the Everglades National Park News Release. Officers during Operation Dry Water will be looking for boaters with a blood alcohol content over the legal state limit of .08. For example, impaired boaters in Everglades National Park can be fined up to \$5,000 and up to six months in jail. "We are dedicated to keeping boaters safe on our waters. Boating is a safe and enjoyable pastime when people stay alert and follow the rules," said Superintendent Dan Kimball. "You will see our officers from Key Largo and Flamingo out on the water in Florida Bay, and from our Gulf Coast District in Everglades City, ensuring that everyone can enjoy a day of safe boating.

"FOR MORE INFORMATION, VISIT WWW.OPERATIONDRYWATER.ORG.



Please remember to register your guests overnightvehicle: Guest Auto Registration: 24 hours Parking Network (954) 485-9392 On call 24 hours

Marina Team Members/Office Hours Marina Manager- Connie Schoen (866) 986-6361

Dockmaster- John Workman (866) 986-6361 or (954) 240-0605 Asst. Dockmaster- Roosevelt Gilbert (866) 986-6361 or (954) 240-0605 Marina Maint.- Juan Hernandez (25 yrs) (954) 796-0897 Marina Bay Brunch Social Director- Mary Timothee (26 yrs) (954) 775-5506

Groundskeeper- Ducasse Luc (24 years)

Apartment Home Leasing Director 1-866-986-6361 Activity Coordinator Kenneth Fullwood, (954) 868-0975

Saturday 9am-4pm, Sunday - for Dockmaster Call 954-240-0605

Chief Safety Officer- Nedy Rosario (954) 394-0210 Movie Theater Viewing After Hours call 954-214-9083 Dockmaster Office Hours: Monday-Friday 8am-5pm

The Famous Marina Bay..

Where living and yachting is a year round vacation.

Join us for some summer fun..

Dock here for long weekends, sun by the pool, and enjoy all the resort style benefits. Hope to see you soon!

Sincerely, Connie, Marina Manager and John, Marina Dockmaster